



# MEDICAL EDUCATION SPEAKERS NETWORK

Speakers for Physician, Nursing, Dental and Community Education Programs



**SPEAKER UPDATE**

**February 2009**

**(714) 505-4777**

## MESN Phone List, Hours and Holidays

**Monday-Friday  
9:00 a.m. – 4:00 p.m.  
(Pacific Standard Time)**

**Maria Anderson** 714-505-4777 x10  
**Elizabeth Sharif** 714-505-4777 x11  
**Anna McCormick** 714-505-4777 x12  
**Luisa DeSantis** 714-505-4777 x14  
**Sarah M. Withers** 714-505-4777 x15

### February

*Valentine's Day* Sat, February 14  
  
*Presidents Day* Mon., February 16  
(MESN Closed)  
  
*Ash Wednesday* Wed., February 25

### March

*St. Patrick's Day* Tues., March 17

### April

*Palm Sunday* Sun., April 5  
  
*Passover* Thurs., April 9  
  
*Good Friday* Fri., April 10  
  
*Easter* Sun., April 12

## SCMEC Quarterly Meeting

**March 10, 2009**

**4:00 – 6:00 p.m.**

### **Beverly Hospital**

Tower Basement  
Conference Rooms  
309 W. Beverly Blvd.  
Montebello, CA 90640  
323-725-4360

### **For more information:**

Vicky Soto-Valdez  
562-906-5500 ext. 3631  
[vsotovaldez@pih.net](mailto:vsotovaldez@pih.net)

## The Nuts & Bolts of a CME Program

**March 9, 2009**

Hoag Hospital  
Newport Beach, CA

**March 13, 2009**

Riverside Medical Association  
Riverside, CA

### **For more info:**

Judy Hyle 909-920-5877 21#  
[judy@cmeconsultants.com](mailto:judy@cmeconsultants.com)

## **Allergy and Immunology**

### **David Shulan, M.D.**

*Certified Allergy and Asthma Consultants  
Albany Medical Center*

- Experience with EMR Implementation
- Allergic Rhinitis
- Asthma and Asthma Guidelines

## **Assorted Topics to Consider**

### **Marcia L. Albert, Ph.D.**

*Director, Learning Resource Center  
Loyola Marymount University*

- Spirituality & Medicine
- Geriatrics: Living Life Well
- Cultural Diversity
- The Explanation of Research in the Area of Spirituality and Medicine
- Cross-Cultural Medicine
- Spirituality & Cross-Cultural Issues
- Palliative Care: Giving Bad News to Patients and Family
- A Broader Vision of Advanced Care Planning

### **Eric Drew**

*Chairman and Founder  
Eric Drew Foundation  
Keynote Motivational Speaker, Author, and  
Medical Educator*

- Cord Blood Stem Cell Treatments / New Emerging Technologies
- Cord Blood Banking Options / Public vs. Private Issues
- HIPAA and Patient Privacy
- Survival Strategies for Patients
- Empowering Patient Self-Advocacy

## **Cardiology**

### **Davendra Mehta, M.D.**

*Director, Electrophysiology Section  
Associate Professor of Medicine  
Mount Sinai School of Medicine*

- Indications for ICD Implantation: New Indications
- Role of EDS in Management of Cardiac Arrhythmias
- Electrocardiography: For Residents and Fellows
- Role of Catheter Ablation in Management of Arrhythmias
- Syncope: Diagnosis and Management
- Syncope and Management of Atrial Fibrillation and Tachycardias

### **Merle Myerson, M.D., Ed.D.**

*Cardiovascular Disease Prevention  
St. Luke's Roosevelt Hospital Center*

- Cardiovascular Disease Prevention
- Cardiovascular Risk Factors
- Preventing Heart Attack and Stroke
- Women's Health

**William F. Penny, M.D.**

*Professor of Medicine*

*Division of Interventional Cardiology*

*UCSD School of Medicine*

- Cocaine and Cardiovascular Disease
- Perioperative Beta Blockers
- Management of Acute Coronary Syndromes
- Unstable Angina
- Cardiac Tumors
- Update on Angioseals
- Peripheral Vascular Disease
- Radiation Safety in the Cath Lab
- Acute Myocardial Infarction: Latest Therapies
- Hypercholesterolemia in the Patient with CAD
- Gene Therapy of Ischemic Heart Disease
- Interventional Cardiology
- Cholesterol Lowering
- Pre-op Evaluation for Patients with Cardiac Conditions
- Cardiac Clearance for the Non Cardiac Surgery
- The Use of Beta Blockers Preoperatively in Selected Patients
- Management of Unstable Coronary Syndromes
- New Insights into CAD
- Reperfusion Strategies in Acute Myocardial Infarction

**Nicholas Testa, M.D.**

*Associate Medical Director*

*LAC+USC Medical Center*

*Assistant Professor of Emergency Medicine*

*Keck School of Medicine of USC*

- Acute Coronary Syndromes
- Ocular Trauma
- Hypothermia
- Anaphylaxis
- Red Eye
- Patient Satisfaction and Risk Management

**Cardiothoracic Surgery**

**Lawrence S.C. Czer, M.D.**

*Medical Director*

*Heart Transplant Program*

*Cedars Sinai Medical Center*

*Director of Transplantation Cardiology*

*Professor of Medicine in Residence*

*David Geffen School of Medicine at UCLA*

- Left Ventricular Assist Devices for Heart Failure Therapy
- Heart Transplantation for Advanced Heart Failure
- Stem Cell Therapy for Heart Failure- Future Promise and Present Reality
- Heart Transplantation and Left Ventricular Assist Devices - Competitive or Complementary Strategies for Heart Failure?

## **Emergency Medicine**

### **Robert Dachs, M.D.**

*Assistant Director, Department of  
Emergency Medicine, Ellis Hospital  
Clinical Assistant Professor  
Department of Family Medicine, Albany  
Medical College*

- Procedural Sedation
- Wound Care Tips: Making a Painful Condition Less Painful
- Modern Management of Acute Coronary Syndrome
- Literature Review of Thrombolytics for Stroke
- Urine Troubles: Kidney Stones and UTI's
- Critical Review of ACLS Guidelines
- Office Emergencies
- Roadside and In-Flight Emergencies and Good Samaritan Laws
- Acute Allergic Reactions - Strategies for Decreasing
- Antibiotic Use
- Pulmonary Emboli and the PERC Rule
- Controversies in Acute Orthopedic Conditions
- Vascular Disasters

### **Stuart Phillip Swadron, M.D., FAAEM**

*Vice-Chair of Education  
Program Director  
Department of Emergency Medicine  
Los Angeles County/USC Medical Center  
Associate Professor  
Keck School of Medicine of USC*

- Basic and Advanced EKG Interpretations in Acute Care
- Acute Coronary Syndromes
- Trauma Management
- Conscious Sedation
- Ultrasound in Acute Care

- Asthma Management
- Diagnostic Imaging in Acute Head Trauma
- Headache Evaluation in Acute Care
- Advanced Airway Management and Rapid Sequence Intubation

## **Endocrinology & Clinical Nutrition**

### **Sidika E. Karakas, M.D.**

*Professor of Endocrinology, Clinical  
Nutrition and Vascular Medicine  
UC Davis School of Medicine*

- Diagnosis and Management of Polycystic Ovary Syndrome ( PCOS )
- PCOS and Nutrition
- PCOS and Metabolic Syndrome

## **Ethics, Legal and Medical Management**

### **Andrew A. Oppenberg, M.P.H.**

*Director of Risk Management & Patient  
Safety Officer*

- Medical/ Surgical and Medication Errors: Causes and Prevention
- JCAHO Patient Safety Requirements for Physicians
- Universal Protocol: Patient Verification, Site Marking, OR Briefings: When in Doubt, Cut It Out, But Do It Safely! Surgical Patient Safety and Prevention of Surgical Errors
- Medication Errors, Medical Records and Handwriting
- Mandatory Prohibited Abbreviations, Synonyms, and Abbreviated Lists: "Better Living Through Chemistry or Drugs Did It To Us! Prevention of Medication Errors"

## **Geriatric Medicine**

### **Lisa M. Gibbs, M.D., CAQ**

*Assistant Clinical Professor  
of Family Medicine  
Director, Geriatric Medical Education  
UCI School of Medicine*

- Elder Abuse
- Dementia
- Dementia Relations Psychosis
- Geriatrics 101

## **Hematology Oncology**

### **Sikander Ailawadhi, M.D.**

*Assistant Professor of Medicine  
Jane Anne Nohl Division of Hematology  
and Center for the Study of Blood Diseases  
University of Southern California*

- Multiple Myeloma
- Chronic Lymphocytic Leukemia
- Waldenstrom's Macroglobulinemia

## **Hospitalist Medicine**

### **Bradley T. Rosen, M.D., MBA**

*Medical Director, ISP Hospitalist Service  
Assistant Director, Procedure Center  
Cedars-Sinai Medical Center*

- Proceduralists: An Emerging Specialty for Internists and Hospitalists
- Hospitalist Medicine
- Proceduralists
- Procedure Centers

## **Immunology**

### **Paolo Casali, M.D.**

*Donald L. Bren Professor of Molecular  
Biology, Biochemistry & Medicine  
Director, Center for Immunology  
UCI School of Medicine*

- Lupus
- Immunology
- The Immune System
- Autoimmunity
- Antibodies and Autoantibodies

## **Infectious Diseases**

### **Victor Valcour, M.D.**

*Adjunct Clinical Instructor  
University of California, San Francisco*

- Aging with HIV- Cognitive Issues
- HIV and Dementia

## **Neurology**

### **Ronnie Bergen, M.D.**

*Assistant Professor of Clinical Neurology  
Neurology Clerkship Director  
Director, Clinical Correlations with  
Pathology (Neurology Section)  
Neurology Electives Coordinator  
University of Arizona School of Medicine*

- Multiple Sclerosis

**Regina Berkovich, M.D., Ph.D.**

*Assistant Professor of Clinical Neurology  
Keck School of Medicine of USC*

- Multiple Sclerosis: Pathogenesis, Diagnosis and Treatment Approaches
- Devic Disease (Neuromyelitis Optica) – Diagnosis, Differentiation and Treatment Approaches
- Demyelinating Diseases of Central Nervous System
- Clinically Isolated Syndrome in Neurological Practice
- Clinical Cases Review of Neurology Patients with Various Neurological Conditions

**Timothy M. Lynch, M.D.**

*Assistant Professor of Neurology  
Albany Medical College*

- Epilepsy
- EMG / Nerve Conduction Studies

**Shri K. Mishra, M.D., M.S., ABMS**

*Professor of Neurology  
Keck School of Medicine of USC  
Director, Neuromuscular Department  
Olive View UCLA Medical Center*

- Peripheral Neuropathy
- Myopathies
- Myasthenia Gravis
- Scientific Basis of Integrative Medicine

**Obstetrics & Gynecology**

**Lori L. Arnold, M.D.**

*Assistant Professor  
of Obstetrics & Gynecology  
David Geffen School of Medicine of UCLA  
California Center for Reproductive Medicine*

- Reproductive Endocrinology
- Recurrent Pregnancy Loss
- Amenorrhoea
- Infertility
- Advances in Vitro Fertilization
- Pre Implantation Genetic Diagnosis
- Hormone Replacement Therapy

**Karine Chung, M.D., M.S.C.E.**

*Assistant Professor of Obstetrics and  
Gynecology  
Keck School of Medicine of USC*

- Infertility
- Assisted Reproductive Technologies
- Polycystic Ovary Syndrome
- Fertility Preservation in Cancer Patients
- Ectopic Pregnancy

**Orthopedic Surgery**

**William M. Hohl, M.D.**

*Associate Director  
Pediatric Orthopedic Surgery  
Pediatric and Adolescent Sports Medicine  
Cedars-Sinai Medical Center*

- Adolescent Sports Medicine
- Overuse Injury and Common Shoulder and Knee Problems

## **Pain Management**

### **Gerald M. Sacks, M.D.**

*Director, Pain Management  
Pain Institute of Santa Monica  
Director, Pain Management  
Saint John's Health Center*

- Neuropathic Pain
- Headache
- Cancer Pain
- Chronic Pelvic Pain
- Pain Management
- Low Back Pain
- Migraine
- Arthritis Pain

## **Pediatrics**

### **Arno R. Hohn, M.D.**

*Head of Cardiology  
Children Hospital, Los Angeles  
Professor of Pediatrics  
Keck School of Medicine of USC*

- Approach to Hypertension in the Young
- Chest Pain in Children
- Cholesterol and Obesity
- Current Concepts on Acquired Heart Disease
- ECG Made Easy
- Heart Murmurs in Children
- Palpitations, Syncope and Sudden Death: Who's at Risk?
- Using the Stethoscope: Sound Bytes for Cardiac Diagnosis
- What Pediatricians Need to Know about Cholesterol Screening and Blood Pressure

### **Doron D. Kahana, M.D., FAAP**

*Assistant Clinical Professor  
Pediatrics, Gastroenterology & Nutrition  
Harbor-UCLA Medical Center*

- The Microbiome in Health & Disease
- The Role of Nutrition in Modern Medicine
- Obesity and the Microbiome
- Nutritional Therapy in Inflammatory Bowel Disease
- Autism and Gastrointestinal Disorders
- Probiotics and Prebiotics in Medical Therapy

### **Luis A. Montes, M.D.**

*Chief of Pediatrics  
Rancho Los Amigos Hospital*

- Pediatric Traumatic Brain Injury Rehabilitation
- Pediatric Spinal Cord Injury Rehabilitation
- Care of Children with Muscle Diseases
- A Public Health Model of Hospital Based Violence

**James E. Stein, M.D.**

*Assistant Professor of Surgery  
Keck School of Medicine of USC  
Division of Pediatric Surgery,  
Director of ECMO  
Children's Hospital Los Angeles*

- Central Line Best Practice Bundle
- Pediatric Solid Tumors
- Extracorporeal Membrane Oxygenation for Respiratory Failure and Conjoined Twins
- Common Problems in Pediatric Surgery
- Common Surgical Problems in Neonates
- Diaphragmatic Hernia
- ECMO
- Imperforate Anus - Varieties and Treatment
- Indwelling Central Venous Lines in Pediatrics
- Logical Approach to Newborn Suspected of Intestinal Blockage
- Malrotation and Mid-gut Volvulus
- Neonatal and Pediatric Surgical Emergencies

**Pharmacology**

**Greg Thompson, Pharm.D.**

*Associate Professor of Clinical  
Pharmacology  
USC School of Pharmacy  
Associate Professor of Emergency Medicine  
Keck School of Medicine of USC*

- Street and Prescription Drug Abuse
- New ICU Drugs

**Radiation Oncology**

**Amin Joseph Mirhadi, M.D.**

*Faculty, Department of Radiation Oncology  
Cedars Sinai Medical Center*

- Radiation Therapy
- Breast Cancer
- Brain Tumors
- Lung Cancer

**Surgery**

**Babak Larian, M.D.**

*Associate Director  
Head and Neck Cancer Center  
Department of Surgery  
Cedars-Sinai Medical Center*

- Minimally Invasive Thyroidectomy
- Minimally Invasive Parathyroidectomy
- Salivary Gland Tumors & Treatment
- Advances in Head & Neck Cancer Treatment
- Trans-Oral Laser Microsurgery
- Oral Cavity Cancer Treatment

**Harmik J. Soukiasian, M.D.**

*Full Time Faculty, Attending Thoracic & Esophageal/Foregut Surgeon Division of Cardio-Thoracic Surgery Cedars-Sinai Medical Center*

- Esophageal Cancer
- Minimally Invasive Esophagectomy
- Gastro-Esophageal Reflux
- Barrett's Esophagus
- Endoluminal Non-Invasive Therapy for Barrett's Esophagus
- BARRX Radio Frequency Ablation Therapy for Barrett's Esophagus
- Achalasia Para-Esophageal Hernia
- Lung Cancer
- Minimally Invasive Esophageal & Foregut Surgery
- Laparoscopic Nissen Operation
- Laparoscopic Heller/Dor Operation
- Laparoscopic Collis/Nissen Operation
- VATS Lobectomy
- Emphysema
- Lung Volume Reduction
- Chest Wall Tumors
- Thoracic Malignancy

**James T. Wu, M.D.**

*University of California, Los Angeles  
City of Hope National Medical Center  
Department of Surgery  
Minimally Invasive & Robotic Assisted  
Thoracoscopic Surgery*

- Lung Cancer
- Lung Cancer Screening
- Management of the Pulmonary Nodule
- Dyspnea
- Airway Problems and Their Management
- Swallowing Problems
- Esophageal Cancer

- Reflux Esophagitis
- Barrett's Esophagus
- Robotic Surgery
- Robotic Technology
- Mesothelioma
- Chronic Obstructive Pulmonary Disease
- Lung Volume Reduction
- Palmar Hyperhidrosis
- Myasthenia Gravis
- Mediastinal Masses and Their Management

**Psychiatry**

**Rimal B. Bera, M.D.**

*Clinical Professor of Psychiatry  
UCI School of Medicine*

- The Impaired Physician
- The Use of Antidepressants in the Primary Care Setting
- The Use of Atypical Antipsychotics
- Evaluating and Treating Psychotic Disorders
- New Treatments for Mental Health
- Update on Schizophrenia, Bipolar Disorder, Alzheimer's Disease
- Optimizing the Assessment of Mental Illness
- Bipolar, Suicide and Depression
- Use of Anti-Psychotic Drugs for the Agitated Patient
- Common Psychiatric Conditions Treated by Primary Care Physicians
- Smoking Cessation

**Sanjay J. Mathew, M.D.**

*Director, Mood and Anxiety*

*Disorders Program*

*Associate Professor of Psychiatry*

*Mount Sinai School of Medicine*

- Advances in the Treatment Options of Depression
- Treatment of Resistant Depression
- Generalized Anxiety Disorder
- PTSD: Pharmacology
- Deep Brain Stimulation for Depression
- Biology of Anxiety
- Treatment of Bipolar Disorder
- Treatment of Panic Disorder and Social Phobia

**Bruce W. Spring, M.D.**

*Clinical Assistant Professor of Psychiatry*

*Keck School of Medicine of USC*

- Dealing with Suicidal Patients
- Don't Panic!!! Finding and Treating Your Patients with Anxiety Disorders
- A Smile on Their Faces: Effectively Recognizing and Treating Depression
- Caring for Dying Patients and Their Families
- Just Say...??? Talking with the Chemically Dependent to Create Change
- Taking Your Medicine: Facilitating Patient Adherence with Treatment
- The Psychology of Pharmacology: How to Get Patients to Take Their Medications
- The Primary Care Clinicians Guide to Diagnosis and Treatment of Anxiety
- Psychiatric Emergencies
- Successfully Dealing with the Difficult Patient

- Seasonal Affective Disorder
- Common Psychiatric Problems
- Psychiatry Update
- Eating Disorders
- Diagnosis, Treatment and Management of the Depressed Patient in the Rehabilitation Setting
- Modern Treatment of Depression
- Early Recognition of Depression
- Treatment Resistant Depression
- Psychotherapy on the Consultation Liaison Service
- Treating Anxiety with Group Cognitive Behavioral Therapy at the LAC-USC Adult Outpatient Psychiatric Clinic
- Somatoform Disorders: The Interplay of the Mind and the Body
- A Case of Conversion Disorder

**Paul B. Whittemore, Ph.D., ABPP**

*Board Certified in Clinical Psychology*

*American Board of Professional Psychology*

*Clinical Assistant Professor*

*of Family Medicine*

*Keck School of Medicine of USC*

- How to Take Care of the Doctor: Reducing Stress and Protecting Your Passion
- Physician Wellbeing: Preventing and Reducing Physician Burnout
- Depression and Stress in Physicians
- Depression: Clinical Update
- Stress Management for Physicians
- Depression: New Options in Diagnosis and Treatment
- Efficient Methods to Identify Depressed Patients in a Primary Care Setting
- How to Treat the Holiday Blues

## **Reproductive Medicine**

### **Lori L. Arnold, M.D.**

*Assistant Professor  
of Obstetrics & Gynecology  
David Geffen School of Medicine at UCLA  
California Center for Reproductive Medicine*

- Reproductive Endocrinology
- Recurrent Pregnancy Loss
- Amenorrhoea
- Infertility
- Advances in Vitro Fertilization
- Pre Implantation Genetic Diagnosis
- Hormone Replacement Therapy

### **Wendy Y. Chang, M.D.**

*Director of Research and Patient Education  
Southern California Reproductive Center  
Assistant Clinical Professor of Obstetrics and  
Gynecology  
David Geffen School of Medicine at UCLA  
Keck School of Medicine of USC*

- In-Vitro Fertilization
- Polycystic Ovary Syndrome
- Oocyte Freezing and Embryo Freezing / Fertility Preservation for Cancer Patients
- Preimplantation Genetic Diagnosis
- Hyperprolactinemia

## **Urology**

### **Barton H. Wachs, M.D.**

*Clinical Instructor, Urology  
Harbor-UCLA School of Medicine  
Clinical Instructor, Urology  
Long Beach Memorial  
Associate Professor of Urology  
Western University*

- Prostate Cancer: Diagnosis and Treatment
- Erectile Dysfunction
- Urinary Incontinence
- Diseases of the Prostate: Benign and Malignant
- Office Urology for General Medical Doctors
- Common Urological Problems
- Vasectomy's: Reversals, Infertility
- UTI vs. Uro-Sepsis: Diagnosis and Management
- Kidney Stones
- Cryoablation of Prostate
- Stress Incontinence
- Men's Health Issues
- Male Testosterone Deficiency

## **Wellness: Alternative, Complementary Medicine**

### **Susan Eisner, MPH, CASAC**

*President, Physician*

*and Health Professional Seminars*

*Trainer/ Educational Consultant*

*Adjunct Instructor, Psychiatry and*

*Behavioral Medicine, NYCOM*

- Medical Errors and Perfectionism: Using the Team to Optimize Patient Care
- Impaired Professionals: Addictive and Psychiatric Disorders
- Disrupting Disruptive Behavior
- Stress Management for Physicians, Nurses and Other Health and Hospital Personnel
- Mastering Meditation and Relaxation Techniques
- AA & Other 12-Step Programs for Stress and Addictive Behaviors
- Managing Fatigue and Sleep Deprivation
- Communication Skills in Healthcare Professionals - Part I and II

### **Adam Perlman, M.D., MPH, FACP**

*Chairperson, Department of Primary Care*

*Hunterdon Endowed Professor of*

*Complementary and Alternative Medicine*

*Executive Director, Institute for*

*Complementary & Alternative Medicine*

*UMDNJ- School of Health*

- Complementary & Alternative Medicine
- Cultural Competency
- Promoting Cultural Competent Healthcare
- Complementary and Alternative Medicine for Pain Management
- Women's Health

### **Laurie Seligman, MA**

*Transformation Consulting Inc*

*Physician Educator, Cedars-Sinai Medical*

*Center*

- The Way to Wellness: Lifestyle Solutions, Health and Wellness, Conscious Fitness, Mind Body Connection, Stress Management
- Positive Mind Diet: Mind Body Connection, Lifestyle Solutions, Stress Management
- Shedding and Shredding: Lifestyle Solutions, Weight Loss
- Fry Now Pay Later: Stress Management, Time Management, Life Style Solutions
- Meditation for Non-Meditators: Stress Management, Life Style Solutions, Health and Wellness
- Spiritual Solutions to Problems: Life Style Solutions, Empowerment, Health and Wellness
- Women and Body Image: Life Style Solutions, Empowerment, Personal Growth, Women's Issues
- Acoustic Therapy-Healing with Sound: Cancer and Illness Support, Life Style Solutions, Health and Wellness
- Self Worth Creates Success: Life Style Solutions, Personal Growth
- Mind Body Communication- The Ultimate Connection: Mindbody Connection, Personal Growth, Success Patterning
- The Road to Recovery-Getting Unstuck: Addiction Recovery